

Name.....

Activity time

5-11 July 2020

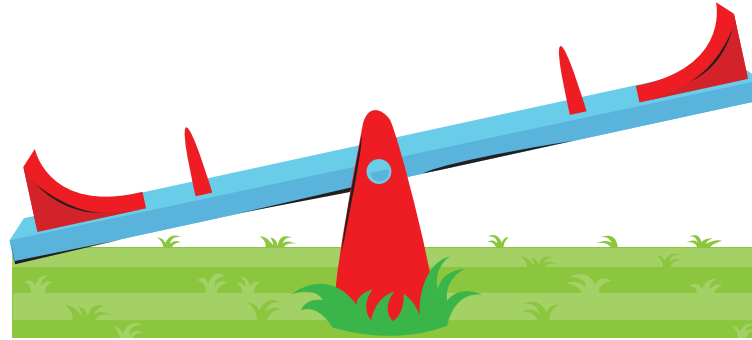
Matthew 11.16-19,25-30

Jesus reassures us that no matter how busy life is, if we ask him, he will share our burdens and give us rest.



Draw

Can you balance? Draw yourself and a friend on either end of the see-saw.



Write

Unscramble the words relating to things that Jesus offers us. Write the correct words on the backpacks.



Family time

Talk How often do we 'carry on regardless' when really we need some help? Why are we often worried about asking for help?

Do Offer to help a neighbour or relative who is struggling with something. They may have difficulty carrying their shopping or weeding their garden.

Pray Father God, when we face situations that we find difficult, help us to remember that you are always there to share our troubles. Amen.

Puzzle

Look at these two pictures of a donkey carrying a heavy load. Can you spot five differences between the two pictures?



Answer: rest; peace; gentleness; easy yoke; light load